

# Getting in and around Waikato Hospital

Waikato Hospital has undergone changes recently including the opening of its new carpark building and the closure of the old main entrance. The carpark building is the main entrance into the hospital and the photos below show you what to expect on your next visit. If you need help, please ask one of our volunteers stationed at key points throughout the new buildings. They are there to help.

## Drive in Gate 1

Enter and exit Waikato Hospital grounds through Gate 1 off Pembroke Street and follow the signs to the carpark building. When you enter the building, take a ticket from the machine to raise the barrier arm and remember to take this ticket with you and pay before returning to your vehicle.



## Lift access to main hospital

The carpark building has 18 levels and each has direct lift access into the main hospital buildings. Before you enter the lifts, take a parking level reminder ticket to remind you what level you parked on and whether you need to take the blue or orange lifts to get back.



The lifts have doors on each side and separate button panels for carpark (left) and hospital (right) levels. If you get in from the carpark building, you will need to exit on the opposite side to access the hospital. Some carpark building levels require you to exit and enter the lifts on the hospital side; signage inside will direct you the right way.



## Shuttlebugs

If you are unable to walk the distance from the carpark building to your appointment, you can catch a free ride on one of our shuttlebugs or the shuttlebus by waiting at one of the stops located around the hospital. The main stop is outside level B5 of the carpark building.



## Level L1

Step out of the lifts at Level L1 to get into the main hospital buildings. Here you will find helpful volunteers, wheelchairs for those who need it and rest-stop seating. We have also put maps on the walls that will show you where you are and help direct you to where you want to go.



## Paying for parking

Parking payment machines are located at levels B5, B3 and L1 and you will need to pay at one of these machines before returning to your vehicle. Once you have paid, the machine will give your ticket back for use when exiting the carpark building.



## Smokefree netball for Taupiri

Waikato health promoters will be hitting home the ever-important 'smokefree' message at Taupiri netball courts on Saturday, between 8am and 12noon.

The netball-targeted initiative has been co-ordinated by the 'Cambridge, Hamilton, Huntly and Ngaruawahia Combined to End Smoking' (Chances) group, and netball centres in these communities will benefit from its work.

"As most parents of netball players know, the courts attract a lot of activity on a Saturday, so we will capitalise on that human traffic to promote our smokefree messages," said Waikato District Health Board Population Health Service health promoter Kerri Huaki.

The 2008 focus for World Smokefree Day (Saturday, May 31) is 'Smokefree . . . it's about us'.

The 'us' talked about are the young people of Aotearoa, said Ms Huaki.

Taupiri netball-goers can expect to see their netball centre inundated with smokefree promotions, including information stands and roving quit coaches on Saturday.

"While the focus for the event is 'youth', it is particularly important for adults to remember they are the role models for these young people," said Ms Huaki.

"We know youth are more than

twice as likely to start smoking if they have a parent who smokes."

Other target audiences for the Chances group are females, Maori and Pacific Islanders.

Ms Huaki said the fact that WSFD fell on a Saturday, meant netball centres provided the perfect catchment area for both youth and their families to be educated on the virtues of smokefree living.

Netball is a high profile sport amongst all our target populations, she said.

"In addition to messages targeted at young people, we will also be appealing to parents and caregivers not to smoke around youth at any time and to think about the impact their habit may have on their children.

"Many parents have now taken the initiative of smoking outside to protect children from second-hand smoke, which is a great start, but we would like them to take this a step further and think seriously about making a quit attempt."

Ms Huaki said WSFD was an excellent time to quit smoking, as there was heightened community activity available to support those who do stop.

World Smokefree Day is a World Health Organisation initiative celebrated globally every year at the end of May.

## Staff move won't affect residents

You might find the town your nurse works out of has changed, but that's about it, says Waikato District Health Board Rural and Community Services, Central and Northern Family Health Team manager Marg Carey.

As of today, Ngrauawahia, Huntly and Te Kauwhata district nurses will all be based in Ngaruawahia.

Meanwhile the public health nurses, ear nurse and vision hearing technician for these towns will work out of the Williams St base in Huntly.

"The people who use this service won't notice a difference," said Ms Carey.

"The move is purely about location of staff. Patients and clients won't notice any change as the services provided are not changing."

Before today's move, staff from a mixture of different health professions worked out of both towns.

Ms Carey said the change was made to utilise space, and allow staff to better manage their workloads with common patients and contracts located together.

Local GPs and health providers were consulted about the move, and a phone divert system to staff mobiles has been installed on all landlines to ensure calls to the staff and service are not at a cost to the public.

Temporary desks are still available in both bases for staff, so they can operate from either base if they need to.



WILLIAMS ST BASE



WAIKATO ESPLANADE BASE

**BASE SWAP:** Some members of the north Waikato rural and community services team have swapped offices today. All the district nurses now work out of the Waikato Esplanade base in Ngaruawahia, while the public health nurses, ear nurse and vision hearing technician now work in Williams St, Huntly.