

## Waikato DHB Antenatal HIV Screening Programme Update

Thank you for your contribution to the successful implementation of this important screening programme that began 22 March 2006. Waikato DHB has been the first area to participate in this screening initiative.

Key results between 22/3/06 and 31/3/07

- There have been 9193 antenatal blood tests
- 31 (0.33%) women have declined an antenatal HIV screening blood test
- 99.6% women have had an antenatal HIV screen
- 2 women have had HIV identified as a result of the programme, neither of whom were likely to have been diagnosed if the programme was not in place

As a result of the programme and the identification of the positive women, the babies concerned now have a less than 1% chance of being infected with HIV as opposed to 25-33% when the infection has not been detected in pregnancy.

It remains important, however, that every pregnant woman is made aware that an HIV test is now routinely offered as part of the antenatal blood testing. This information sharing at the time of testing makes it easier to discuss a positive result – and of course informed consent is a legal requirement.

Dr Graham Mills – Infectious Diseases Specialist

Clare Coles – Screening Services Manager

Caroline Wharry – HIV Clinical Nurse Specialist

## Free Interpreter Services for Cervical and Antenatal HIV Screening Programmes

Have you ever worried that a patient does not understand what you are saying because of a language barrier?

From 1 September Waikato DHB is funding a telephone based interpreter service to ensure all women can be offered informed consent in these two important screening programmes. The National Screening Unit is also considering how this service can be made available to women accessing the newborn metabolic screening programme, which has a different funding mechanism.

The service is Language Line provided through the Dept. of Internal Affairs (DIA). It has been selected because it offers qualified interpreters, is immediately available during usual working hours (9am to 6pm Mon-Fri), anonymous and cost effective (average call around \$25).

Because the interpreter isn't medical your assistance in setting the scene and keeping the language appropriate for both interpreter and client is appreciated.

You should have received information through the mail about how to access the service. Please call Clare Coles on (07) 834 3631 if you have any questions.

## A Message from the Breastfeeding Co-ordinator

When prescribing or recommending topical anti fungal agents for lactating women, please recommend a cream based preparation rather than a gel for nipples. Gels can be too drying on the nipples and causes fragile nipple tissue to become friable, therefore increasing the risk of pain and damage.

Karen Palmer, Breastfeeding Services Co-ordinator, is happy to be contacted for clarification on 07 839 8899ext 8196, 021 761 935 or [palmerk@waikatodhb.govt.nz](mailto:palmerk@waikatodhb.govt.nz).

## Additions and Update to the GP Direct Webpage

It is now 3 years since the primary care management guidelines for headache and TIA were produced, so they have been reviewed to ensure they are still current. No changes are required but if you want to refresh your memory you can access them on [www.waikatodhb.govt.nz/GP](http://www.waikatodhb.govt.nz/GP) under primary care management guidelines.

Also recently added to the same site for reference is information about Rheumatic Fever management.

## Something for Practice Nurses

The Australia New Zealand Orthopaedic Nurses Association is holding its annual conference in Rotorua on 2 and 3 November 2007; Supersizing orthopaedics – Are we breaking down or busting out? They would welcome nurses from the primary sector. For further information go to [www.nzona.org](http://www.nzona.org) or contact Lyn Harris, Waikato Hospital Orthopaedic Outpatient Department, 021 549687, [harrisl@waikatodhb.govt.nz](mailto:harrisl@waikatodhb.govt.nz)

## Adult Mental Health Service Ask for Help

At present we are experiencing extreme demands on the Adult Mental Health Inpatient Psychiatric Services. Consequently, only patients of highest acuity will be admitted. Attempts to treat other patients in the community in accordance with the principle of least restrictive care will continue. Please liaise with the CAT Service (0800 505050) regarding treatment options and early interventions. Your assistance is greatly appreciated.

Dr Andrew Darby, Inpatient Clinical Director - Urban Adult Mental Health Service

Eileen Hughes, Service Manager - Urban Adult Mental Health Service.

Clinic	Category	Waiting Time
Audiology	Children 9-32 mths	2 months
	Under 17 years	2-3 months
	Children's hearing aids	4 weeks
	Adult diagnostic tests	4 months
	Adult hearing aids	6 months
	Central auditory processing test	6 months
Breast Care	Urgent	3 weeks
	Semi-urgent *BCC Imaging Urgent only	3 month 2 weeks
Cardiac Surgery	Urgent	1-3 weeks
	Semi-urgent	3-6 weeks
Cardiology	Urgent	1-2 months
	Semi-urgent Routine	2-6 months 6 months
Colposcopy	Invasive	Within 7 days
	High grade	4 weeks
	Low grade Non cervical	26 weeks + 26 weeks +
Dental	Urgent	24 hours
	Semi-urgent	3 weeks
	Routine	4 months
Dermatology (1) Fax urgent referrals to 07 839 8670	Urgent	5 days
	Semi-urgent Routine	3 months 6 months
Paediatric Dermatology		5 months
Dermatology Lesion Clinic	Urgent	7 days
	Semi-urgent Routine	4 weeks 6 months
Diabetes Consultant (2)	Urgent	1 month
	Semi-urgent Routine	2 month 5 months
Diabetes Nurse Educator	Urgent	Within 7 days
	Semi-urgent	Within 6 weeks
Endocrinology	Urgent	1-2 months
	Semi-urgent Routine	2-6 months Within 6 months
Endoscopy/Colonoscopy Medical	Urgent	4-6 weeks
	Semi-Urgent	4-6 weeks
	Urgent	4-6 weeks
Surgical	Semi-urgent	12-18 months
	Urgent	1-6 weeks
ENT	Semi-urgent (children)	4-5 months
	Semi-urgent (adults)	6 months
	Urgent	6 months
Gastro-enterology	Urgent	2-4 weeks
	Semi-urgent	2-6 weeks
General Medicine	Urgent	1-2 weeks
	Semi-urgent	2-4 weeks
	Routine	2-3 months
General Surgery	Urgent	1-4 weeks
	Semi urgent	1-5 months
Gynaecology	Urgent	2-4 weeks
	Semi-urgent	6 months
	Routine	6 months
Haematology	Urgent	2-8 weeks
	Semi-urgent	6-4 weeks
	Routine	4-10 months
	DVT	4 months
Maxillo-facial	Urgent	Within 24 hours
	Semi-urgent Routine	Within 3 weeks 3 months
Neurology	Urgent	1-3 months
	Semi-urgent	3-10 months
	EMG urgent	1-4 months
	Routine	4-6 months
	EEG urgent	2-8 weeks
	routine	2-6 months
Neurosurgery	Urgent	Within 1 month
	Semi-urgent Routine	Within 6 months
Oncology and Medical	Priority 1	1-2 days
	Priority 2	5-10 working days
	Priority 3	35-40working days
Radiation	Priority 1	1-2 days
	Priority 2	5-10 working days
	Priority 3	20-25working days

Clinic	Category	Waiting Time
Ophthalmology	Urgent	within 1 month
	Urgent laser	1-3 weeks
	Semi-urgent – Children	within 6 months
	Semi-urgent – Adults	6 months
	Semi-urgent (diabetic) Minor Operation Clinic	1 month within 6 months
Orthopaedic	General – Urgent	1-8 weeks
	Semi-urgent	Up to 3 months
	Routine	Up to 6 months
	Paediatrics – Urgent	1-6 weeks
	Semi-urgent Routine	Up to 4 months Up to 6 months
	Paediatric Gait Clinic CDH/DDH Assess	NB: referrals may be initially seen by a Generalist Orthopaedic Surgeon 1-8 weeks 1-6 weeks
Paediatric Medicine	Urgent	1-2 months
	Semi-urgent	3 months
	Routine	3-6 months
Paediatric Surgical	Urgent	2-4 weeks
	Semi-urgent Routine	4-6 weeks 8-12 weeks
Pain clinic	Urgent	Up to 1 month
	Semi-urgent Routine	Up to 3 months 6 months
Physiotherapy	General musculoskeletal	5 days (urgent) 6-8weeks (routine)
	Respiratory	5 days (urgent) 4 weeks (semiurgent)
	Rheumatology	4 weeks
	Women's Health	5 days (urgent) 2-3weeks (routine)
	Continenace	5 days (urgent) 4 weeks (semiurgent) 3-4 months (non-urgent)
Plastics (1) Fax immediate / acute referrals to 07 839 8670	Urgent	2 weeks
	Semi-urgent Routine	3 months 5 months
Plastics Lesion clinic	Urgent	2 weeks
	Semi-urgent Routine	4 months 6 months
Rehabilitation	Day Clinic (Physio Only)	1-3 weeks
	Day Clinic (OT)	1-3 weeks
	Rehab Clinic (Physio)	1-3 weeks
	Rehab Clinic (OT)	1-3 weeks
	Rehab Clinic (Neuropsychologist)	
	Urgent Semi-urgent Routine	1-3 weeks 1-6 months 2 years
Renal	Urgent	1-4 weeks
	Semi-urgent Routine	2-4 months 4-6 months
Respiratory	Urgent	1-4 weeks
	Semi-urgent Routine	1-2 months 4-6 months
Rheumatology (3)	Urgent	1-4 weeks
	Semi-urgent Routine	1-2 months 2-4 months
Thyroid	Urgent	2-4 weeks
	Semi-urgent Routine	4 months 4-6 months
Ultrasound	Very Urgent	1 week
	Urgent	2 weeks
	Priority	4 weeks
	Routine	5 weeks
	Non-urgent	6 weeks
Urology		Within 2 months
Vascular	Urgent	1-4 weeks
	Semi-urgent	2-4 months
	Routine	4-6 months
Vascular Surgery	Urgent	1-4 weeks
	Semi-urgent Routine	2-4 months 4-6 months
<b>Adult Mental Health Waiting Times</b>		
Community mental health team	Crisis referrals	Within 24 hours
	Non-crisis/routine	Within 10 days

1 Immediate & urgent dermatology/plastics cases must be discussed with the specialist or registrar to allow appropriate prioritisation.

2 All urgent diabetes referrals can be seen on the same day.

3 All urgent rheumatology cases should be discussed with the rheumatologist.

Linda Rademaker, GP Liaison - Telephone 07 839 8899 ext 23085, Fax 07 839 8810, Mobile 021 549 790

Email rademakl@waikatodhb.govt.nz

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