

## 1. Child Development Centre New Service: Intellectual Disability Clinic

The Child Development Centre (CDC) is a multidisciplinary service funded mostly via the Ministry of Health disability contract. CDC provides an assessment and intervention service to children 0 -15 years of age with developmental disorders. A new clinic has been set up to provide an efficient and more equitable service to those school aged children presenting with probable intellectual disability. A half day psychology assessment of intellectual and adaptive functioning will be provided. A follow-up appointment (3 weeks later) is then offered with the psychologist and a developmental paediatrician. Strict criteria for entry into this clinic (see attachment with April Outreach) should ensure this is a seamless process for children and their families.

## 2. Pain Clinic Referrals

Dr Anders Johnson and Dr David Kibblewhite ask for your help to enable them use the Waikato Hospital Pain Clinic resources most effectively. Within available resources, they want to give the most urgent patients the greatest priority and provide management assistance to as many patients as possible.

Their ability to do this is dependent on information provided in the referral letter. Typed referrals are preferred and information should include a detailed pain history, symptoms and signs caused by the pain, results of previous assessments and investigations, your provisional pain diagnosis, current and previous treatments and their results, other medical and social history and ACC details if applicable.

When the referral information is sufficiently detailed they may be able to give advice, either as an alternative to the patient having to attend a clinic, or to assist while the patient is waiting to be seen.

If the situation is urgent, please feel free to contact one of the pain clinic physicians via the hospital switchboard.

## 3. Getting the Best Out of the Waikato Hospital Acute Referral Process

To help avoid any confusion when a patient arrives at the Emergency Department, it is extremely helpful to state clearly on the referral letter which speciality registrar the patient has been discussed with. Please also indicate on the letter if you have had to leave a voicemail message.

## 4. Plastics and Dermatology Skin Lesion Referrals

In last month's Outreach there was a brief item about referrals to these clinics, which was mistakenly included before details had been finalised. Further information will be sent once full details have been confirmed.

## 5. Child Health Discharge Information for Families Pilot Project

From April 1<sup>st</sup> family-focused discharge information using the 'Things to do' form is being piloted across the 8 key child health sites within Waikato, Tokoroa and Thames hospitals. The 'Things to do' form is offered to parents/caregivers of children and young people under 16 years after contact with

the hospital service and aims to provide user-friendly information specific to their child's care after discharge.

The completed 'Things to do' form is faxed to the practice nurse/GP- and focuses on strengthening and supporting the primary/secondary interface and promoting the continuum of care for children and young people.

Evaluation of the pilot will include the opportunity for parents and staff in both primary and secondary care to have input.

Important: The 'Things to do' form is *additional* to the WDHB discharge summary which will continue to be sent to the GP as usual.

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## 6. Welcome to...

Rikard Linder, cardiologist, from Sweden. Rikard's special interests are coronary interventions and antithrombotic therapy. His wife, Susanne Klerck Linder, has also joined Waikato Hospital as a general physician, with a focus on cardiology. They and their 3 children are all keen skiers and would love to learn surfing. They say coming to New Zealand is a big adventure and they are really excited about getting to know the country.

James Cleland, neurology. James is a New Zealander who completed his postgraduate training in the USA, where he has been for the last 8 years. He is a general neurologist with a special interest in neuromuscular diseases and an active research interest in genetic channelopathies of the nervous system. He says he is thrilled to return to New Zealand and to the Waikato in particular.

Winston McEwen, plastic surgery locum for 12 months. Winston recently returned from working in Zambia and previously spent 6 months in Perth.

Dinesha De Silva, respiratory medicine locum, is covering Janice Wong's maternity leave and will be staying on for a while afterwards to cover some other leave.

Graeme Dickson, gastroenterologist. Previously here as a registrar, Graeme will contribute to the full range of gastroenterology services.

Srini Yellapu, general surgeon. Srini has returned from the UK to a permanent position. He has a special interest in colorectal surgery.

## And farewell to...

Hugh McAlister who has worked at Waikato Hospital for 17 years, has gone to Townsville, Australia to set up an electrophysiology service. His many achievements while here included bringing the pacing service into the 20<sup>th</sup> century, developing an EP and ablation service and an adult congenital heart disease clinic. At a national level he was a driving force behind the atrial fibrillation guidelines and had a major role in genetic testing for QT syndrome.

Ron Gannaway has been an active member of the breast care team since 1994, providing services both at Waikato Hospital and Te Kuiti until his retirement in January 31<sup>st</sup>. Ron was a true general surgeon during much of his career at Te Kuiti until, more recently, he concentrated on breast surgery.

Clinic	Category	Waiting Time
Audiology	Children 9-32 mths	2 months
	Under 17 years	2-3 months
	Children's hearing aids	4 weeks
	Adult diagnostic tests	4 months
	Adult hearing aids	6 months
Breast Care	Urgent	3 weeks
	Semi-urgent *BCC Imaging	1 month 2 weeks
Cardiac Surgery	Urgent	1-3 weeks
Cardiology	Semi-urgent	3-6 weeks
	Urgent	1-2 months
Colposcopy	Semi-urgent	2-6 months
	Routine	6 months
	Invasive	Within 7 days
Dental	High grade	4 weeks
	Low grade	26 weeks +
	Non cervical	26 weeks +
Dermatology (1) Fax urgent referrals to 07 839 8670	Urgent	24 hours
	Semi-urgent	3 weeks
	Routine	2 months
Paediatric Dermatology	Urgent	24 hours
	Semi-urgent	6 weeks
Dermatology Lesion Clinic	Routine	6 months
	Urgent	7 days
	Semi-urgent	4 weeks
Diabetes Consultant (2)	Routine	6 months
	Urgent	1 month
	Semi-urgent	2 month
Diabetes Nurse Educator	Routine	5 months
	Urgent	Within 7 days
Endocrinology	Semi-urgent	Within 6 weeks
	Urgent	1-2 months
Endoscopy/Colonoscopy Medical	Semi-urgent	2-6 months
	Routine	9-12 months
	Urgent	4-6 weeks
Surgical	Semi-Urgent	4-6 weeks
	Urgent	4-6 weeks
	Semi-urgent	24 months
ENT	Urgent	1-6 weeks
	Semi-urgent (children)	4-5 months
	Semi-urgent (adults)	6 months
Gastro-enterology	Urgent	2-4 weeks
	Semi-urgent	2-6 weeks
General Medicine	Urgent	1-2 weeks
	Semi-urgent	2-4 weeks
	Routine	2-3 months
General Surgery	Urgent	1-4 weeks
	Semi urgent	1-5 months
Gynaecology	Urgent	2-4 weeks
	Semi-urgent	6 months
	Routine	6 months
Haematology	Urgent	2-8 weeks
	Semi-urgent	6-4 weeks
	Routine	4-10 months
	DVT	4 months
Maxillo-facial	Urgent	Within 24 hours
	Semi-urgent	Within 3 weeks
	Routine	3 months
Neurology	Urgent	1-3 months
	Semi-urgent	3-10 months
	EMG	1-4 months
	Routine	4-6 months
	EEG urgent routine	2-8 weeks 2-6 months
Neurosurgery	Urgent	Within 1 month
	Semi-urgent	Within 6 months

Clinic	Category	Waiting Time
Oncology and Medical	Priority 1	1-2 days
	Priority 2	5-10 working days
	Priority 3	30-35 working days
	Priority 1	1-2 days
Radiation	Priority 2	5-10 working days
	Priority 3	25-30 working days
	Urgent	within 1 month
Ophthalmology	Urgent laser	1-3 weeks
	Semi-urgent – Children	within 6 months
	Semi-urgent – Adults	6 months
	Semi-urgent (diabetic)	1 month
	Minor Operation Clinic	within 6 months
Orthopaedic	General – Urgent	1-6 weeks
	Semi-urgent	Up to 3 months
	Routine	Up to 6 months
	Paediatrics – Urgent	1-6 weeks
	Semi-urgent	Up to 4 months
	Routine	Up to 6 months
Paediatric Medicine	Paediatric Gait Clinic	1-6 weeks
	Urgent	1-2 months
	Semi-urgent	3 months
Paediatric Surgical	Routine	3-6 months
	Urgent	2-3 weeks
	Semi-urgent	4-6 weeks
Pain clinic	Routine	8-12 weeks
	Urgent	Up to 1 month
	Semi-urgent	Up to 3 months
Physiotherapy	Routine	6 months
	General musculoskeletal	5 days (urgent) 6-8 weeks (routine) 2-3 weeks
	Respiratory	4 weeks
	Rheumatology	2 days (urgent)
Plastics (1) Fax immediate / acute referrals to 07 839 8670	Women's Health	2-3 weeks (routine)
	Urgent	2 weeks
	Semi-urgent	4 months
Plastics Lesion clinic	Routine	6 months
	Urgent	2 weeks
	Semi-urgent	4 months
Rehabilitation	Routine	6 months
	Day Clinic (Physio Only)	1-3 weeks
	Day Clinic (OT)	1-3 weeks
	Rehab Clinic (Physio)	1-3 weeks
	Rehab Clinic (OT)	1-3 weeks
	Rehab Clinic (Neuropsychologist)	1-3 weeks
	Urgent	1-3 weeks
Semi-urgent	1-6 months	
Renal	Routine	2 years
	Urgent	1-4 weeks
	Semi-urgent	2-4 months
Respiratory	Routine	4-6 months
	Urgent	1-4 weeks
	Semi-urgent	1-2 months
Rheumatology (3)	Routine	4-6 months
	Urgent	1-4 weeks
	Semi-urgent	1-2 months
Thyroid	Routine	2-4 months
	Urgent	2-4 weeks
	Semi-urgent	4 months
Ultrasound	Routine	4-6 months
	Urgent	1-2 weeks
	Semi-urgent	1-3 months
Urology	Routine	3-6 months
	Urgent	Within 2 months
Vascular	Semi-urgent	1-4 weeks
	Routine	2-4 months
	Urgent	4-6 months
<b>Adult Mental Health Waiting Times</b>		
Community mental health team	Crisis referrals	Within 24 hours
	Non-crisis/routine	Within 10 days

- 1 1. Immediate & urgent dermatology/plastics cases must be discussed with the specialist or registrar to allow appropriate prioritisation.
- 2 2. All urgent diabetes referrals can be seen on the same day.
- 3 3. All urgent rheumatology cases should be discussed with the rheumatologist.