

## Service and Campus Redevelopment

January has been a big month for the Service and Campus Redevelopment Project (SCR). The project, as you will be aware, will result in major changes to both services and facilities at Thames and Waikato Hospitals.

Here are a few highlights:

### Draft Models of Care Revealed

Waikato DHB staff have been working with representatives of Primary Care and others to develop new models of healthcare delivery. The models relate to ambulatory care, critical care, surgery, medicine, women's health, children and adolescent, mental health, oncology/palliative care and older persons/rehabilitation. During the week starting 17 January, summaries of each of the models of care were presented to staff and interested public at Waikato, Thames and Te Kuiti. Summary presentations, as well as the full draft documents, are now on the SCRiP page on our website – <http://www.waikatodhb.govt.nz>. You are encouraged to have a look to see how these new models may affect your patients' journeys through the health system.

We would like to hear your feedback on the draft models of care – consultation is open until 18 February. Details of how to respond are also posted on the website.

### Waikato Site Master Plans Presented

Site master plans for the Waikato campus have been unveiled. Darryl Carey, lead architect from Chow-Hill, presented the plans and focused on the eight major areas of change – all of which will allow the DHB's new models of care to be implemented effectively.

Firstly, there will be five areas of new construction, including: the new Waikato clinical centre, a carpark building, an extension to the central sterilising unit (CSU), a new emergency department and a rehabilitation (AT&R) building. Refurbishment will also take place to the Red Corridor, the Waiora building and the NICU and Delivery Suit.

The carpark building and a fourth LINAC bunker are the first projects to commence at Waikato and, contingent on Board approval in February, should be completed during 2005. The carpark building (to be managed by a third party) will add at least 200 carparking spaces to the number currently on campus.

Thames site plans were revealed in early December and are now available on our website.

Waikato site plans will be posted after the 9 February Board meeting.

### Thames Staff User Groups

On 19 January, Thames Hospital staff met with SCR Project architects who will use the information obtained from staff to design the internal 'guts' of the new and re-modelled buildings. There will be a few iterations to the design before it is finalised.

For the latest information on the SCR Project, check the SCRiP page on our website – <http://www.waikatodhb.govt.nz> - for regular updates.



### Te Wai O Rona (Diabetes Prevention Strategy) Update

Te Wai O Rona (Diabetes Prevention Strategy) is now a year old. Some 3200 people have been screened for this clinical study, the largest to be undertaken involving Maori. We now have enough participants to demonstrate whether our intervention is able to reduce the average blood sugar, blood pressure, weight and blood fats across the community. However, we do not yet have enough participants to prove our primary goal that we can prevent Type 2 diabetes. We have been able to review our initial estimates of the number of people we need to screen. These were based upon data from the Waikato and South Auckland in the early-middle 1990s. It is clear that the epidemic has moved on since that time, and that far more Maori are at very high risk for developing Type 2 diabetes over the study period than expected. As a result of this and other developments, we now need to recruit 6,800 and intervene for 3 years to be able to show a 35% reduction in new cases of Type 2 diabetes. We have developed a community-based approach to recruitment and screening which we feel is likely to recruit this number by October 2005 and look forward to reporting progress.

***During the past year, GPs have raised a number of queries or forwarded valuable information. A summary of these will be sent to GPs shortly.***

If you have any queries or want to share information, please contact Te Wai O Rona's lead investigator Professor David Simmons by email at [simmons@waikatodhb.govt.nz](mailto:simmons@waikatodhb.govt.nz) or by FAX to 07 839 7615.

Many thanks for your ongoing assistance and support.

| Clinic   | Category                           | Waiting Time                    |
|--|------------------------------------|---------------------------------|
| Audiology  | Children 9-32 mths                 | 2 months                        |
|  | Under 17 years                     | 2-3 months                      |
|  | Children's hearing aids            | 4 weeks                         |
|  | Adult diagnostic tests             | 4 months                        |
|  | Adult hearing aids                 | 6 months                        |
|  | Central auditory processing test   | 12 months                       |
| Breast Care  | Urgent                             | 3 weeks                         |
|  | Semi-urgent<br>*BCC Imaging        | 10-12 months<br>2 weeks         |
| Cardiac Surgery  | Urgent                             | 1-3 weeks                       |
|  | Semi-urgent                        | 3-6 weeks                       |
| Cardiology   | Urgent                             | 1-4 weeks                       |
|  | Semi-urgent                        | 12 weeks                        |
|  | Routine                            | 24 months                       |
| Colposcopy   | Invasive                           | Within 7 days                   |
|  | High grade                         | 4 weeks                         |
|  | Low grade                          | 26 weeks +                      |
|  | Non cervical                       | 26 weeks +                      |
| Dental   | Urgent                             | 24 hours                        |
|  | Semi-urgent                        | 3 weeks                         |
|  | Routine                            | 2 months                        |
| Dermatology (1)<br>Fax urgent referrals to 07 839 8670 | Urgent                             | 24 hours                        |
|  | Semi-urgent<br>Routine             | 6 weeks<br>6 months             |
| Paediatric Dermatology                                 |                                    | 7 months                        |
| Hands  |                                    | 2 months                        |
| Dermatology Lesion Clinic                              | Urgent                             | 24 hours                        |
|  | Routine                            | 6 months                        |
| Diabetes Consultant (2)                                | Urgent                             | 3-4 months                      |
|  | Semi-urgent                        | 5-6 months                      |
|  | Routine                            | 6 months +                      |
| Diabetes Nurse Educator                                | Urgent<br>Semi-urgent              | Within 7 days<br>Within 6 weeks |
| Endocrinology  | Urgent                             | 1-4 weeks                       |
|  | Semi-urgent                        | 8-9 months                      |
|  | Routine                            | 3 years                         |
| Endoscopy/Colonoscopy Medical                          | Urgent                             | 4-6 weeks                       |
|  | Semi-Urgent                        | 4-6 weeks                       |
| Surgical   | Urgent                             | 4-6 weeks                       |
|  | Semi-urgent                        | 24 months                       |
|  |                                    |                                 |
| ENT  | Urgent                             | 1-3 weeks                       |
|  | Semi-urgent (children)             | Up to 6 months                  |
|  | Semi-urgent (adults)               | Up to 8 months                  |
| Gastro-enterology                                      | Urgent                             | 6-8 weeks                       |
|  | Semi-urgent                        | 12 months                       |
| General Medicine                                       | Urgent                             | 1-2 weeks                       |
|  | Semi-urgent                        | 4 weeks                         |
|  | Routine                            | 5 months                        |
| General Surgery  | Urgent                             | 1-4 weeks                       |
|  | Semi urgent                        | 2-6 months                      |
|  | Routine                            | 12-18 months                    |
| Gynaecology  | Urgent                             | 2 weeks                         |
|  | Semi-urgent                        | 3 months                        |
|  | Routine                            | 6-7 months                      |
| Haematology  | Urgent                             | 3 weeks                         |
|  | Semi-urgent                        | 6-8 weeks                       |
|  | Routine                            | 12 weeks                        |
|  | DVT                                | 12 months                       |
| Maxillo-facial   | Urgent                             | Within 24 hours                 |
|  | Semi-urgent                        | Within 1 week                   |
|  | Routine                            | 2 months                        |
| Neurology  | Urgent                             | 3 weeks                         |
|  | Semi-urgent                        | 6 months                        |
|  | Nerve Conduction Studies (routine) | 12 months                       |
|  | EEG (routine)                      | 2-3 weeks                       |

| Clinic   | Category   | Waiting Time  |
|--|--|---|
| Oncology (medical radiation) Medical                         | Priority 1                                       | 24 hours  |
|  | Priority 2                                       | 5-10 working days                                   |
|  | Priority 3                                       | 50-55 working days                                  |
| Radiation  | Priority 1                                       | 24 hours  |
|  | Priority 2                                       | 5-10 working days                                   |
|  | Priority 3                                       | 40-45 working days                                  |
| Ophthalmology  | Urgent   | 1 month   |
|  | Urgent laser                                     | 1-3 weeks   |
|  | Semi-urgent – Children                           | 6 months  |
|  | Semi-urgent – Adults                             | 12-13 months  |
|  | Semi-urgent (diabetic)<br>Minor Operation Clinic | 7-8 months<br>13 months                             |
| Orthopaedic  | General  | Under 6 months                                      |
|  | Back pain  | Up to 8 months                                      |
|  | Paediatrics                                      | Up to 7 months                                      |
|  | Paediatric Gait Clinic                           | 1-4 weeks   |
| Paediatric Medicine  | Urgent   | 2-3 weeks   |
|  | Semi-urgent                                      | 2 months  |
|  | Routine  | 2-3 months  |
| Paediatric Surgical  | Urgent   | 1 week  |
|  | Semi-urgent                                      | Within 2 weeks                                      |
|  | Routine  | 3 weeks   |
| Pain clinic  | Urgent   | Up to 3 months                                      |
|  | Semi-urgent                                      | Up to 5 months                                      |
|  | Routine  | 6 months  |
| Physiotherapy  | General musculoskeletal                          | 5 days (urgent)<br>6-8 weeks (routine)<br>2-3 weeks |
|  | Respiratory                                      | 4 weeks   |
|  | Rheumatology                                     | 2 days (urgent)                                     |
|  | Women's Health                                   | 2-3 weeks (routine)                                 |
| Plastics (1)<br>Fax immediate/acute referrals to 07 839 8670 | Urgent   | 2 weeks   |
|  | Semi-urgent                                      | 3 months  |
|  | Routine  | 6 months +  |
| Plastics Lesion clinic                                       | Urgent   | 2 weeks   |
|  | Semi-urgent                                      | 3 months  |
|  | Routine  | 6 months +  |
| Rehabilitation   | Day Clinic                                       | 1-3 weeks   |
| Renal  | Urgent   | 1-6 weeks   |
|  | Semi-urgent                                      | 6 weeks to 6 mths                                   |
|  | Routine  | 6 months +  |
| Respiratory  | Urgent   | 2-4 weeks   |
|  | Semi-urgent                                      | 2-6 weeks   |
|  | Routine  | 6-8 weeks   |
| Rheumatology (3)   | Urgent   | 4 weeks   |
|  | Semi-urgent                                      | 3 months  |
|  | Routine  | 6 months  |
| Thyroid  | Urgent   | 2-4 weeks   |
|  | Semi-Urgent                                      | 4 months  |
|  | Routine  | 2 years +   |
| Ultrasound   | Urgent   | 2 weeks   |
|  | Semi-urgent                                      | 7-8 months  |
|  | Routine  | 12-15 months  |
| Urology  |  | Within 2 months                                     |
| Vascular Laboratory  | Urgent   | Within 2 weeks                                      |
| Vascular Surgery   | Urgent   | 1-4 weeks   |
|  | Semi-urgent                                      | 2-4 months  |
|  | Routine  | 4-6 months  |
| <b>Adult Mental Health Waiting Times</b>                     |  |   |
| Community mental health team                                 | Crisis referrals<br>Non-crisis/routine           | Within 24 hours<br>Within 10 days                   |

- 1 Immediate & urgent dermatology/plastics cases must be discussed with the specialist or registrar to allow appropriate prioritisation.
- 2 All urgent diabetes referrals can be seen on the same day.
- 3 All urgent rheumatology cases should be discussed with the rheumatologist.
- 4 Carotid studies are now being done by the vascular laboratory.
- 5 OPHTHALMOLOGY - PLEASE NOTE FAXED REFERRALS ARE NOT ACCEPTED UNLESS THE PATIENT IS ACUTE AND YOU HAVE DISCUSSED THE CASE WITH THE REGISTRAR. ON YOUR ACUTE FAX REFERRAL PLEASE ADVISE THE NAME OF THE DOCTOR WITH WHOM YOU DISCUSSED THE CASE.