

Newsletter – 20 December 2010

The START team would like to take this opportunity to thank everyone who has supported and assisted with the implementation and development of our service. Having the support of the wider hospital has meant we have successfully been able to roll this service out within such a short timeframe.

I would also like to congratulate and thank the START team for their passion and commitment to the service and to our patients. The team are committed to our programme, one which is patient centric and individualised to achieve, “what’s important to YOU”.

Waikato

Demand for our service has been high. We have successfully reached and exceeded our expected volumes of patients admitted to START. We have just appointed four more Health Care Assistants and a Physiotherapist. Thanks to Shannon Smith for providing physiotherapy cover.

We welcome to our team

Health Care Assistants:

- Margaret Maxwell
- Toni Bellem
- Cherie Robinson
- Dianne Cassidy

Physiotherapist:

- Jana Kuznik

Celebrating our successes

- START now has all positions recruited to
- We are exceeding expected volumes of patients using START as a discharge option
- Health Care Assistants from Hamilton and Thames are commencing Career Force training on the 10th of February, 2011
- START is admitting patients directly from the emergency department
- Patient goals are being achieved with good outcomes, e.g.

Mrs X is a 86 year old lady. It was important for her to get back to going to her club five days a week for lunch. This was important to Mrs X as it provided her nutrition, socialisation, motivation, confidence and exercise.

As an interdisciplinary team, we developed all the steps that it would take to achieve this goal. For the first week the programme was exercising daily with the Health Care Assistant up and down the outside steps until she was confident. To go to the club she needed to get showered and dressed. The Health Care Assistants coached Mrs X to do these things daily until she was doing these independently. Over the next 4 weeks Mrs X achieved all the goal ladder steps to enable her to “get back to the club for lunch”.

Thames/Hauraki

Interviews for the Health Care Assistants and the Registered Nurses have taken place and appointments will be made before Christmas.

Orientation for the Thames START team is taking place on the 1st and 2nd of February, 2011. The START team will be accepting patients from Thames Hospital from the 3rd of February, 2011.

Sue Challis-Morrison, (CNS) will be linking in closely with START. Please liaise with Sue for advice on START as a discharge option.

Ph 021 763 569

South Waikato (Tokoroa)

We welcome Access Homehealth as our provider of Health Care Assistants in the South Waikato. Access will be working collaboratively with the interdisciplinary team.

Orientation for the South Waikato START team is taking place on the 1st and 2nd of February, 2011. The START team will be accepting patients from Tokoroa Hospital from the 3rd of February, 2011.

Morag Mackenzie, (CNS) will be linking into Tokoroa Hospital. She has been working with the START team in Hamilton. Please liaise with Morag for START as a discharge option.

Ph 021 795 454

Please share this communication update with colleagues and if anyone who doesn't receive this via email directly and wishes to be on the email list please contact Raewyn Dean.

Read more on [Older Persons and Rehabilitation Services](#)

Next newsletter due out 15th February, 2011

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*The START team wish everyone a
MERRY XMAS and HAPPY NEW YEAR*