

EDEN ALTERNATIVE IN ACTION

and Rangiura's Greenhouse Project

Presented by Juliette Tuckey
G.M- Rangiura Trust Board



Presentation Outline

- Brief overview of Rangiuira
- Introduction to the Eden Alternative
- Eden in practice at Rangiuira
- The Greenhouse project- our new secure community based home for people with dementia.



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Overview of Rangiuira



- Rangiuira translates to “Glorious Sunset”
- Charitable Trust, now in our 28th year
- 55 bed rest home and a 85 villa retirement village
- Well supported by community, volunteers, Trust Board and team of fantastic long-standing staff.





What is the Eden Alternative?

- Philosophy of care created in USA by Dr. Bill Thomas
- Three plagues- Loneliness, Helplessness and Boredom account for bulk of suffering among our elders/residents
- Based around Ten Key Principles
- Eden Homes are committed to creating a **human habitat** where life revolves around close and continuing contact with plants, animals, children, music, community. It is these relationships that provide the young and old alike with a life worth living. **“GROWTH”**



Rangiura's Journey so far...

- Registered (Principle 10) as of last week!!!
- Six Eden Associates trained and senior staff part of Eden Leadership Training Program
- Dedicated 'Eden Ambassador' role
- Resident's, families, staff and Board have made a commitment to eradicate plagues of loneliness, helplessness and boredom through... → → →



Providing opportunities for loving companionship:



Easy and continuous access to human and animal companionship is the antidote to loneliness

Providing opportunities for residents to give care- not just receive care:



An Eden-centered community creates opportunities for residents to give as well as receive care- this is the antidote to helplessness

Building, Painting, Tending, Knitting, Sewing, selling...



Providing spontaneity and variety:



Daily life with variety and spontaneity, in which unexpected and unpredictable interaction can take place, is the antidote to boredom



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The Green House

“Institutions Control, Habitats Nurture”



What is the **Greenhouse** concept

Draws heavily on virtues of **warm**, **smart** and **green**

- **Warm**- Creates a small intentional community- no more than 12-14 people richness of close personal relationships and healing power of community.
- **Smart**- technologies that foster a sense of belonging, meaning and purpose.
- **Green**- encouraging elders to partake of the comforts provided by tending gardens, keeping pets, caring for children, involvement in community activities.



Greenhouse Purpose

HOME NOT HOMELIKE



The focus is on life and it's heart is found in the relationships that flourish there.

“Medical treatment should be the servant of genuine human caring, never it's master”

Bill Thomas

Rangiura's "Greenhouse"



- DHB approval to build 20 bed secure-care unit
- Currently fundraising to make this dream a reality
Huge community backing and involvement
- Ground works about to start in next few months,
Plan to open mid-late 2010.



Before.....



After.....?

OUR GREENHOUSE....





www.edeninoz.com.au

www.edenalternative.com

rangiura.juliet@xtra.co.nz

Questions?





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