



where to get support

Te Kuiti/Otorohanga Contacts

Child, Youth and Family Service	0508 326 459
Birthright (For single Parents)	07 838 0572
Otorohanga Parent Education Group	07 873 7389
Waitomo District Parent Education Group	07 878 8804
Te Ngaru o Maniapoto Health Services (help with alcohol, drugs,)	0800 117 274
North King Country Family Support	07 873 6502
Strengthening Families Co-ordinator	07 878 0028
Citizens Advice Bureau	0800 367 222
Public Health Nurse	07 873 7389
Te Kuiti Hospital	07 878 7333
Mental Health Foundation of NZ (Nationwide)	09 300 7010
Budgeting Service	07 873 6434
Waitomo Literacy Trust (Help for Adult reading)	07 878 7737
Youth Aid Officer–Police	07 878 1450
Road Safety Co-ordinator (Code 3 Packs)	07 878 6558
Te Kuiti Youth Centre	07 878 7482
Healing and Rape Crisis Centre	07 871 8132
Otorohanga Counselling Services	07 873 7676
Parentline	07 839 4536
Parents as First Teachers	07 873 8082
Resource Teacher Learning Behaviour (RTLBS's)	07 878 7727
Victim Support	07 878 3324
Family Planning Association	07 834 1433
Womens Refuge Centre–Waitomo	0800 155 799
Womens Refuge Centre–Te Awamutu	07 871 8152
Te Kuiti Community House	07 878 5272
Otorohanga Support House–Whare Awhina	07 873 8156
Care NZ (Drug and Alcohol counselling)	07 839 0389
Parents Inc	09 524 0025
Parenting Worx	07 853 2274
Te Kuiti Medical Centre	07 878 7878
Otorohanga Medical Centre	07 873 7079
Waikato PHO – Free GP clinics in schools	021 492 015

Youth

What's Up Help Line–0800 942 8787 Kidsline–0800 543 754 **Youthline–0800 376 633**
Lifeline–0800 838 0719 **Waikato Queer Youth–0800 783 379**

Youth Websites

www.youthline.co.nz www.adanz.org.nz **www.fade.org.nz** www.nzdf.org.nz
www.parentline.co.nz www.parentingworx.co.nz **www.urge.co.nz** www.alac.org.nz
www.sadd.org.nz www.theword.org.nz