

Waitomo Community Health Forum 3 December 2018

Attendees – Lynne Benefield, Bernadette Doube, Jane Hudson, Dave Macpherson, Norma Taute, June Lambeth, Mandy McCabe, Laurie Handcock, Christine Martin, Catherine Cook, Cheryl Thompson, Clare Simcock, Dianne Henderson, Denise Irvine, Kaye Nelson, Martin Gallagher, Joanne Knight, Paul Dumble, Desirei Jones, Lynley Crawford, Tania Te Wano, Shirley Willison, Deb Hill, Derek Wright, Alison Barnett, Annette Stott, Ngaire Grayson

Apologies – Wayne Skipage, Damian Tomic, Jill Dibble, Hayley McConnell, Murray and Heather Loewenthal, Nikki Belfield

Action Points

| | | |
|-----------|---|---------------|
| 1. | Expression of interest has been sought for a new Chairperson please contact communityhealthforum@Waikatodhb.health.nz | Norma Taute |
| 2. | Share Mandy McCabe's email with database | Norma Taute |
| 3. | Investigate the process for people who accept a telehealth appointment and are then required to make a hospital based appointment. Does this impact on the timing of the appointment? Will they be disadvantaged? | Denise Irvine |
| 4. | Email database with address and reminder | Norma Taute |

1. Acknowledgements:

- Chair – Lynne Benefield informed everyone that this will be her last forum – Bernadette thanked and acknowledged Lynne for her work and commitment to her community. Martin Gallagher supported Bernadette's comments and thanked Lynne for the time and skill that she brought to the role.
- Bernadette Doube announced that this was her last forum as facilitator. Martin Gallagher acknowledged Bernadette for the work she has undertaken in the communities over the years.

2. Forum Feedback – What matters to this community?

- Showering/storage facilities for freedom campers, homeless, emergency housing still a big issue
- Difficult to get a GP appointment to see a specific GP within a 2 week period. The Te Kuiti Medical centre assured the community that urgent and same day appointments are available with one of the GPs.

- 3. Primary Care Update – Lynley Crawford (Midlands Health Network)**
 - Community Services Card – all practices in this region have opted in. Free for under 14yrs old in the practice they are enrolled. A further 80,000 people have been given community services card.
 - Trialled a Mobile screening van for three months and attended the spring fling festival, Taumarunui shearing sheds and other events providing health checks i.e.: Cervical screening, Smoking cessation, blood test etc. Trial has now ended so they will be looking at more funding to continue the service.

- 4. Whanau Kori Tamariki Ora Project – Child Obesity Program run by Sports Waikato** teaching whanau to make healthy food options and some lifestyle changes. To date they have received 170 referrals across the Waikato in total. Referrals from this area are 2 TeAroha, 2 Matamata and 2 from Morrinsville. Whanau Kori Tamariki Ora offers a free 6 month individualised flexible programme using fun activities and education providing less screens behaviour tips etc. They can meet with you at a place of your choice. at your home, marae or Sports Waikato facilities or contact Mandy on mandym@sportswaikato.org.nz. You are able to self-refer via the Sports Waikato website they can also be by GPs and other clinicians etc.

- 5. Tele Health – Denise Irvine**
 - Telehealth allows:
 - A person to speak to a health professional through a computer screen device in a different location.
 - People to attend their appointments at a hospital or certain facilities closer to home e.g. from Te Kuiti Hospital to Waikato Hospital
 - A person to speak to the on-screen health professional while aided in person by a nurse or a staff member
 - Patients are welcome to bring whanau to the appointments
 - Can save people travelling long distances unnecessarily
 - Reduces costs, increases convenience.
 - Potential to offer more flexible appointments
 - Appointments are averaging 260 per month however there is a strong desire to increase these numbers. If people are interested in tele health consults they are encouraged to mention this to their consultant.
 - Currently trialing a new model that could possibly allow a consult to take place in the privacy of a patient's home. Evaluation results for this new model will be out in the New Year.

- 6. Southern Rural Maternity – Bernadette Doube**
 - Community co-design model was widely advertised which resulted in a significant community involvement.
 - The new Maternity Resource Centre will be officially opened in January 2019.
 - Goal is to reduce inequity and inequality.

- A paper outlining the model and process from an equity perspective will be delivered at the 15th National Rural Health Conference in 2019.
- A new rural Lactation Specialist service will be available in early 2019.
- It will be possible to offer telehealth consultations in 2019.
- Provides support to grandparents raising their moko

7. Te Pai Tawhiti “Let’s Talk” Mental Health – Jane Hudson

- Report is still in draft
- 750 attended hui 45% identified as Maori
- Working with IMC chair helping with a kaupapa Maori framework to analyse the feedback
- Add themes
- Succinct report not wordy but clear responses
- Request for a local mix of services and local crisis options.
- Mana motuhake around autonomy
- Providing support to whanau that are carry the load 24/7
- Not all issues will be resolved quickly
- National inquiry recommendations will be released before Xmas however the response won’t be until the New Year.
- Let Mental Health services know how you would like them to communicate the results and ongoing actions

8. DHB Update – Bernadette Doube

- (see attached presentation)

9. CEO Update – Derek Wright – Care in the Community Plan

- The DHB Care in the Community plan is about looking at new ways to do things differently, looking at wellness and not illness as our current model is not working.
- Our vision needs to be as long as 10 yrs. Focussing on how we reorientate some our systems and join up with primary care.
- Medical school – clinical school. We require more clinicians recruited and trained locally with a view to making it more attractive for people to work in their own communities.
- 23% of population are Maori but 23% of staff are not Maori.

Meeting Closed at 2pm

Next meeting: Monday 18 March 2019 12 noon – 2pm

Venue: Te Kuiti Hospital Rotary Room, Te Kuiti