

Ruapehu Community Health Forum 21 November 2018

Attendees - Alan Turton, , Lorraine Edwards, Cara Dibble, Jill Dibble, Hine Barrett-Simpson, Jean Botting, Lynda Bowles, Christine Brears, Graeme Cosford, Heather & Graham Deadman, Alison Barnett, Karen Erni, Martin Gallagher, Mike Gibbs, Joan Gilbert, Briar Hickling, Aurelie Jones, Kay Kidd, Anna Looby, Paul Malpass, Penny Neal, Rongo Rewita, George Robinson, Stuart & Peg Shaw, Karen Hayes, Tamsin Grant, Cheryl Thompson, Nicki Belfield, Lynley Crawford, Karleen Dove, Harmony Knox, Julie Poole, Noriko Kikuchi, Maxine Al-Samman

Apologies – Isobel Rederick, Lorraine Edwards, Lyn Jackson, Ruth Dempsey, Beth Sorenson, Leon Tahana, Dave Macpherson, Wayne Skipage, Derek Wright, Damian Tomic, Hayley McConnell, Bernadette Doube, Norma Taute

1. Action Points

a)	Send single point of entry flyer with minutes	Norma Taute
b)	FAS – Karleen Dove would like to set up a support group for caregivers in 2019	Wayne Skipage
c)	Investigate funding available for children’s optometrist services and hearing aids through the DHB – send info to Briar Hickling	Kathryn Fromont
d)	Provide a list of available accommodation for people who need to stay the night in Hamilton while visiting family in hospital or who have appointment themselves	Norma/ Comms
e)	Follow up with Breast Screening service options for screening services for rural women outside of the target screening age	Hayley McConnell
f)	Can the Breast Screening van that visits Ruapehu District provide a service for others if they are willing to pay?	Hayley McConnell
g)	Community to feedback on “Single Point of Entry” signage for hospital.	Community/Penny
h)	Community to feedback on Te Pae Tawhiti – “Let’s Talk” on how to engage and communicate with them on Mental Health issues.	Community
i)	Send through nominations for Paul Keesing award to Alan Turton or email communityhealthforum@Waikatodhb.health.nz	Community
j)	More health education required at the local high school – bring to the attention of Public Health.	Deryl Penjueli



Forum Opened by Alan and he also read out the new policy adopted for future CHF meetings – Criticism must not be aimed at individuals, chairperson may refuse questions or terminate discussion where comments are inflammatory, offensive or disrespectful.

2. Forum Feedback – What matters to this community?

- Can flyer for “single point of entry” be re-sent with the minutes?
- No support in this community for Foetal Alcohol Spectrum sufferers/caregivers or whanau. This is the only known community without such a support. New studies suggest 6% of people have FAS, prevalence study to be conducted by Government. Schools need to understand how to manage children with FAS more prevention education is needed in the community. Karleen is keen to set up a support group in this district.
- Concern expressed regarding the lack of health education at the local high school. There used to be a class that covered the whole spectrum of health literacy but that is no more. The DHB is not responsible for the school syllabus; concerns should be raised with the Ministry of Education. Can the DHB indicate to the high school that such classes should take place?
 - Response from Jill Dibble: School syllabus belongs to the Ministry of Education to lead however public health can support health literacy.
- Avonlea is very close to finalizing plans to build independent living units. The project will be four years in the making however more detail will be available in 2019. Eight 100sqm units should be available

3. Primary Care Update presented by Lynley Crawford and Nikki Belfield - Midlands Health Network

- Whanau Kori Tamariki Ora Project – Child Obesity Program run by Sports Waikato teaching whanau to make healthy food options and some lifestyle changes. To date they have received 170 referrals across the Waikato in total so far 2 referrals have been received from Taumarunui. Whanau Kori Tamariki Ora offers a free 6 month individualised flexible programme using fun activities and “less screen time” behaviour tips. They can meet with you at a place of your choice, either at your home, marae or Sports Waikato facilities etc.
- Free healthcare for 13yrs and under has now extended to 14 yrs throughout.
- Changes to the CSC (Community Services Cards) means cardholders will not pay any more than \$18.50 or \$12.50 for youth and free for under 14yrs as long as you are visiting the practice you are enrolled at. All practices in in this area have opted in. Most practices are starting on December 1st; the other two start dates are 1st Jan and 1st April. 80, 000 new people have been allocated cards this year. These changes will be advertised on posters in GP surgeries and advertised on social media and all other connections they have.

4. Kokiri Trust Chrissy Brears provided an update on pathways of whanau ora, seamless pathway working with services across the wider community.



5. **Rural Southern Maternity Services** Jill Dibble provided an update and invited the community to suggest any available buildings around Taumarunui that would be suitable to lease for the new centre.

6. **Single Point of Entry** – Penny Neal (Project Manager, Waikato DHB) provided an update on the Single Point of Entry at Taumarunui Hospital. The DHB is working with Kokiri Trust who has a GP clinic at the hospital. From September 2018 people were triaged in ED and where suitable people are directed to their GP, if no appointment is available at usual GP than people can be seen at the GP clinic at the hospital that operates from 1pm-3pm Mon-Fri.

7. **Mental Health “Let’s Talk” Report** – Jane Hudson
 - A total of 750 people attended the “Let’s Talk” hui
 - 42% identified as Maori
 - 269 completed online surveys
 - 38 Participated in focus groups
 - High level themes that emerged were
 - Whanau
 - Community
 - Suicide
 - Mix of services
 - Local Crisis options
 - Mana motuhake

8. **DHB Update** presented by Bernadette Doube
 - Presentation provided
 - Martin Gallagher addressed the CHF – extended on the DHB update provided, expressed disappointment at the decision on the Waikato Medical School and thanked the community for their contributions to CHF in 2018 and wished them well for the season on behalf of the Board.
 - Cheryl Thompson (Supporting Families in Mental Illness, Waikato) spoke about the challenges that rural communities like Taumarunui face. Holds adult contract (18+ years) so supports and educates the family on diagnosis of their loved one. The transition from youth services to adult services can be challenging for the family, once someone is 18 the family cannot make decisions for their loved one.
 - Referral to service usually comes from Henry Rongomau Bennett Centre but can also be self- referral
 - Require additional resource to meet increasing demand

Meeting Closed at 1.00 pm

Next meeting: Wednesday March 6th 2019 11am – 1pm
Venue: Senior Citizens Hall, 14 Morero St, Taumarunui