

**Hamilton Community Health Forum
12 December 2018**

Attendees – Evelyn Weir, Bernadette Doube, Grant O’Brien, Gytha Lancaster, Nikki Belfield, Anne Bennett, Denise Irvine, Clare Simcock, Catherine Presco, Gary attendee list, Alison Barnett, Dilys Parker, Mary Hayes, Regan Webb, Claudia Reid, Greg Morton, Katpaham Kasipillai, Heather Upston, Gerry Pomeroy, Maria Lowe, Jean Masters, Harriet Dixon, Jill Dimond, Helen Vaughan, Judy Small, Norma Taute, Alice Hogan, Rea Lowe, Annette Endo, Stephanie, Kimai, Fay Te Whare, Rea Lower, Jill

Apologies – Martin Gallagher, Dave Macpherson, Derek Wright, Hayley McConnell, Damian Tomic, Wayne Skipage, Jan White, Jill Dibble

Action Points

1.	Information for uni students for semester one re: meningococcal vaccinations.	Nikki Bellfield Gytha Lancaster /Greg
2.	Send thanks to all DHB staff who will be working over the Christmas period	Bernadette Doube
3.	Whanau Kore – numbers of Maori and Pasifika whanau involved	Mandy McCabe/Greg Morton
4.	What happened to smart health data that was previously collected and stored.	Greg Morton
5.	Paul Keesing award nominations	Everyone
6.	HSP update for community	Danny Wu /Greg Morton
7.	Whanau Kore update	Mandy McCabe/ Greg Morton
8.	Share information and notices related to CHF meetings and outcomes – increase participant numbers	Community

1. Forum Feedback – What matters to this community?

- Thank you to everyone in the health sector that provides support to the community at this time of year.
- Epilepsy petition to Parliament– ketogenic diet used successfully to control seizures but 35% haven’t been given an opportunity to access this service.
- Helen Vaughan – are public funded health organisations doing anything about social prescribing?
- MSD and mental health – needs to be recognition of the layers of disadvantage experienced by disabled people who often feel excluded.
- Whanau Ora providers also provide navigators and are not only for Maori.

2. Primary Care Update

Hauraki PHO – Gytha Lancaster (see attached).

- Hauraki PHO “Long terms conditions” model chosen out of 30 other models and invited to present at the Commonwealth international symposium with all expenses fully paid.
- Strength and Balance classes are being held for those at risk of falls – Gytha currently looking to transport people to classes if they are unable to get there.

Midlands Health Network– Helen Thomas

- Free healthcare for 13yrs and under has now extended to 14 yrs throughout.
- Changes to the CSC (Community Services Cards) means cardholders will not pay any more than \$18.50 or \$12.50 for youth and free for under 14yrs as long as you are visiting the practice you are enrolled at.
- All practices in the region have opted in. Most practices are starting on 1 December, the other two start dates are 1 January and 1 April.
- 80,000 people have been allocated new cards this year.
- These changes will be advertised on posters in GP surgeries and advertised on social media and all other connections they have.
- Silver tsunami – the workforce is ageing. The community is encouraged to enrol with the Manage My Health portal, this enables the GP to have more space to deal with those with more complicated issues. Uptake on the portal varies across practices. Members of the disability community feel they are left behind in terms of technology. The system needs to reach out to people with extreme disadvantage. Not everyone over 65 is eligible for a Community Services Card

3. Whanau Kori Tamariki Ora Project – Nikki Belfield

- Child Obesity Programme run by Sports Waikato which is an Intervention programme that is flexible to the needs of the whanau.
- Teaches how to make healthy food options, label reading and how to make small sustainable changes.
- To date they have received 170 referrals across the Waikato in total. No referrals from this area as yet.
- Free 6 month individualised programme using fun activities and less “screen time” plus behaviour tips.
- Sports Waikato can meet with you at a place of your choice, at your home, marae or Sports Waikato facilities. Can lessen or increase the visits - it’s up to you.
- Age ranges from 2 – 10 the programme offering a whole whanau approach not just targeting the child. After the 6 months there is a 3 months follow up then another at 12 months.
- If ongoing support is required talk to your coordinator about other options.
- Referral is accessible from multiple streams including self-referrals via the Sport Waikato website.
- The MOH website also offers healthy recipes to assist your programme.
<https://www.health.govt.nz/our-work/preventative-health-wellness/nutrition/fuelled4life>

4. Te Pai Tawhiti “Let’s Talk” report - Grant O’Brien

- A total of 750 people attended the “Let’s Talk” hui
- 42% identified as Maori
- 269 completed online surveys
- 38 participated in focus groups
- High level themes that emerged were
 - Whanau
 - Community
 - Suicide
 - Mix of services
 - Local crisis options
 - Mana motuhake – by Māori for Māori
- Once the overall report is complete it will be distributed with an analysis of feedback by location.
- Feedback will be checked against the National MH&A Inquiry recommendations for consistency
- Feedback will be used to inform the planning and development of the MH&A services.
- Let us know how you would like us to communicate the results and ongoing actions.

5. Consumer Council Update – Laura Hopkins

- There are 14 Consumer Council members; Carol Taylor is the local representative. The council has engaged with a mix of academic and community leaders to guide the way they work within the community.
- The Consumer Council will be engaged in the co-design of services going forward.
- Consumer Council Chairs meet directly with the CEO and Chair of the Board to discuss issues and suggestions for change.

6. Tele Health – Denise Irvine

- Telehealth allows a person to speak to a health professional through a computer screen device from separate locations.
- Allows people to attend their appointments at a hospital or certain facilities closer to home
- Speak to the on-screen health professional while aided in person by a nurse or a staff member
- Patients are welcome to bring whanau to the appointments
- Can save people travelling long distances unnecessarily
- Reduces costs, increases convenience.
- Potential to offer more flexible appointments
- Appointments are averaging 260 per month however there is a strong desire to increase these numbers. If people are interested in telehealth consults they are encouraged to mention this to their consultant.
- Currently trialing a new model that could possibly allow a consult to take place in the privacy of a patient’s home. Evaluation results for this new model will be out in the 2019.

7. DHB Update – Bernadette Doube

- a. Presentation (see attached)

8. The Chairperson noted that this would be Bernadette Doube's last meeting and thanked her for her involvement in managing and facilitating the Community Health Forum process and meetings over the past 10 years.

Meeting Closed at 11.30 am

**Next meeting 5 March 2019 9.30am – 11.30am
Venue: The Link, Te Aroha St Hamilton**